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By David Brownstein, M.D. (This article was excerpted, in part, from Overcoming Thyroid Disorders, 2nd Edition) The Holistic Approach to Diagnosing Hypothyroidism The holistic approach to diagnosing hypothyroidism is very different from the standard conventional model of relying only on the blood tests.

Holistic Approach to Diagnosing Hypothyroidism | Spacedoc.com

Overcoming Thyroid Disorders is a comprehensive read on thyroid disorders, dealing with them, and treating them at the heart as the name suggests. It is available in book format so you can sit back, relax, and gain extensive knowledge along with the solution with a cup of tea. The good news is that this book is a worthy investment.

Overcoming Thyroid Disorders by Dr. David Brownstein - A ...

(This article was excerpted, in part, from Overcoming Thyroid Disorders, 2nd Edition) References 1. Canaris, Gay, et al. The Colorado Thyroid Disease Prevalence Study. Arch. Intern. Med. Vol 160, Feb 28, 2000 2. Harrison's Principles of Internal Medicine. 14th Edition. 1998 3.

Hypothyroidism | Spacedoc.com

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Customized Therapy for Thyroid Imbalance

Author: Iodine Why You Need It Why You Can't Live Without It, 3rd Edition. Medical Alternatives Press. 2007. Overcoming Thyroid Disorders, 3rd Edition. Medical Alt. Press. 2008 Editor: Dr. Brownstein's Natural Way to Health Newsletter. First Edition May, 2008. Interviewed for Crusader Magazine Issue 45 Nov/Dec 2008. Iodine Article

Overcoming Arthritis - FunctionalMedicineTraining.org

Hashimoto's disease is an autoimmune, inflammatory problem of the thyroid gland. I explain more about this in my books, "Overcoming Thyroid Disorders, 2nd Edition" and "Iodine: Why You Need It, Why You Can't Live Without It, 4th Edition." Hashimoto's forms from low iodine coupled with nutritional imbalances.

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